

**THE FOCUS FOUNDATION, MAY AWARENESS, 2019**

<p align="center"><b>SUNDAY</b></p>		<p>5 <b>Mothers – share any special stories and advice with each other.</b></p>	<p>12 <b>Mother’s Day</b> with X’tra Love to XY Moms Make a special card for Mom. Tomorrow is <b>Tulip Day!</b> Make a still life with tulips on a table! Yellow <b>tulips</b> express cheerful thoughts and sunshine. What do other colors mean?</p>		<p>26 <b>Plant</b> some seeds for summer flowers.</p>
<p align="center"><b>MONDAY</b></p>		<p>6 <b>Cinco de Mayo –</b> have Mexican food for dinner. Play some music and dance!</p>	<p>13 <b>Proper diagnosis can transform vulnerable into powerful. Share information with your health care providers.</b></p>	<p>20 Using aluminum foil, design and <b>float a boat.</b> How many pennies can you add before it sinks? Redesign your boat and try again.</p>	<p>27 <b>Memorial Day</b> Thank a member of the military today. Light a candle for those we remember.</p>
<p align="center"><b>TUESDAY</b></p>	<p><b>It’s Bike Month.</b> “Let’s go ride a bike!”</p>	<p>7 Today’s App: <b>Toca Robot Lab</b> is an open-ended game where kids create their own robots from scraps and fly them around the lab. It has no text.</p>	<p>14 Today’s App: Use <b>ABC Letter Tracing</b> to help on graphomotor function and letter sounds.</p>	<p>21 Today’s App: <b>Kapu Bloom Tunes</b> lets kids paint and grow musical flowers. Parents can use the app to introduce kids to the musical scale and the concept of symmetry.</p>	<p>28 Today’s App: Go to <b>www.scholastic.com/apps/</b> for the I SPY Spooky Mansion app to go on a hidden object adventure!</p>
<p align="center"><b>WEDNESDAY</b></p>	<p>1 For <b>Mother Goose Day</b>, read your favorite nursery rhyme to your fave little friend</p>	<p>8 <b>Raise fun, funds and awareness. Ask how you can help!</b></p>	<p>15 <b>Chocolate Chip Day</b> pick up a bag of chocolate chips and bake something yummy to share with friends and family.</p>	<p>22 <b>Raise awareness – Distribute information to your health providers.</b></p>	<p>29 <b>Paper Clip Day –</b> How many ways can you use a paper clip? Can you think of a new use for a paper clip?</p>
<p align="center"><b>THURSDAY</b></p>	<p>2 <b>School Bus Drivers’ Day!</b> Make your driver a picture of his/her bus with you and your friends waving inside!</p>	<p>9 <b>Like us on Facebook!</b></p>	<p>16 We’re getting ready for the <b>16<sup>th</sup> Annual 49ers Conference</b> in Annapolis in July.</p>	<p>23 It’s <b>Lucky Penny Day</b>, see how many drops of water can fit on a penny.</p>	<p>30 It’s <b>Salad Month!</b> A salad is a perfect work-together project! See how colorful and yummy you make it!</p>
<p align="center"><b>FRIDAY</b></p>	<p>3 <b>Send The Focus Foundation a postcard from Space.</b> Where are you? What do you see? How do you feel?</p>	<p>10 <b>Clean Up Your Room Day:</b> Match your socks by color, put things away by category, sort your toys by type. Have fun!</p>	<p>17 <b>Do you have a pet?</b> Share a picture with Dr. Sprouse! She has 4 pets!  <b>Read</b> the Seuss book: <b>What Pet Should I Get?</b> Do you know <b>How Dinosaurs Choose Their Pets?</b></p>	<p>31 <b>Help increase knowledge through research by making a donation to The Focus Foundation</b></p>	

<b>SATURDAY</b>	<b>4</b> <b>Don't forget to walk or run your 5K. GO TEAM!</b>	<b>11</b> <b>Take a family hike</b> and have a picnic at a nearby park.	<b>18</b> <b>Donate new and used books to a homeless shelter.</b>	<b>25</b> <b>Make Artistic Numbers!</b> Cut out a BIG number and decorate it- with patterns, drawings, splotches, or anything you like! Check out Jasper Johns' paintings of numbers and see what you think!
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