

THE FOCUS FOUNDATION, MAY AWARENESS, 2019

<p align="center">SUNDAY</p>		<p>5 Mothers – share any special stories and advice with each other.</p>	<p>12 Mother’s Day with X’tra Love to XY Moms Make a special card for Mom. Tomorrow is Tulip Day! Make a still life with tulips on a table! Yellow tulips express cheerful thoughts and sunshine. What do other colors mean?</p>	<p>26 Plant some seeds for summer flowers.</p>	
<p align="center">MONDAY</p>		<p>6 Cinco de Mayo – have Mexican food for dinner. Play some music and dance!</p>	<p>13 Proper diagnosis can transform vulnerable into powerful. Share information with your health care providers.</p>	<p>20 Using aluminum foil, design and float a boat. How many pennies can you add before it sinks? Redesign your boat and try again.</p>	<p>27 Memorial Day Thank a member of the military today. Light a candle for those we remember.</p>
<p align="center">TUESDAY</p>	<p>It’s Bike Month. “Let’s go ride a bike!”</p>	<p>7 Today’s App: Toca Robot Lab is an open-ended game where kids create their own robots from scraps and fly them around the lab. It has no text.</p>	<p>14 Today’s App: Use ABC Letter Tracing to help on graphomotor function and letter sounds.</p>	<p>21 Today’s App: Kapu Bloom Tunes lets kids paint and grow musical flowers. Parents can use the app to introduce kids to the musical scale and the concept of symmetry.</p>	<p>28 Today’s App: Go to www.scholastic.com/apps/ for the I SPY Spooky Mansion app to go on a hidden object adventure!</p>
<p align="center">WEDNESDAY</p>	<p>1 For Mother Goose Day, read your favorite nursery rhyme to your fave little friend</p>	<p>8 Raise fun, funds and awareness. Ask how you can help!</p>	<p>15 Chocolate Chip Day pick up a bag of chocolate chips and bake something yummy to share with friends and family.</p>	<p>22 Raise awareness – Distribute information to your health providers.</p>	<p>29 Paper Clip Day – How many ways can you use a paper clip? Can you think of a new use for a paper clip?</p>
<p align="center">THURSDAY</p>	<p>2 School Bus Drivers’ Day! Make your driver a picture of his/her bus with you and your friends waving inside!</p>	<p>9 Like us on Facebook!</p>	<p>16 We’re getting ready for the 16th Annual 49ers Conference in Annapolis in July.</p>	<p>23 It’s Lucky Penny Day, see how many drops of water can fit on a penny.</p>	<p>30 It’s Salad Month! A salad is a perfect work-together project! See how colorful and yummy you make it!</p>
<p align="center">FRIDAY</p>	<p>3 Send The Focus Foundation a postcard from Space. Where are you? What do you see? How do you feel?</p>	<p>10 Clean Up Your Room Day: Match your socks by color, put things away by category, sort your toys by type. Have fun!</p>	<p>17 Do you have a pet? Share a picture with Dr. Sprouse! She has 4 pets! Read the Seuss book: What Pet Should I Get? Do you know How Dinosaurs Choose Their Pets?</p>	<p>31 Help increase knowledge through research by making a donation to The Focus Foundation</p>	

SATURDAY	4 Don't forget to walk or run your 5K. GO TEAM!	11 Take a family hike and have a picnic at a nearby park.	18 Donate new and used books to a homeless shelter.	25 Make Artistic Numbers! Cut out a BIG number and decorate it- with patterns, drawings, splotches, or anything you like! Check out Jasper Johns' paintings of numbers and see what you think!
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